



Avian influenza in China

Prevention advice for travellers



Avoid visiting live bird and animal markets and poultry farms



Avoid contact with animal waste or untreated bird feathers



Do not eat or handle undercooked or raw poultry, egg or duck dishes



Do not pick up or touch dead or dying birds



Do not bring any poultry products back to the UK



Wash hands regularly with soap or use alcohol-based hand rubs