

## Female genital mutilation (FGM)

Useful information and links for health professionals and travellers about Female Genital Mutilation

## **Key points**

- The World Health Organization (WHO) estimates that more than 230 million girls and women worldwide have been affected by <u>female genital mutilation</u> (FGM).
- FGM has no health benefits. It can lead to immediate health risks, as well as long-term complications to women's physical, mental and sexual health and wellbeing.
- Children born in the UK may be at risk of FGM if they travel with their families to visit friends and relatives in countries where this practice occurs.
- In the United Kingdom (UK) it is against the law to perform FGM or to take girls and young women living in the UK abroad for FGM.
- UK health professionals have a <u>legal duty to report</u> if they find FGM has already taken place
  or if a child (under 18 years) or a vulnerable adult is believed to be at risk of FGM. Local
  <u>safeguarding protocols and procedures</u> should be followed. Failure to do this can result in
  disciplinary procedures through the appropriate health professional regulatory body under
  "Fitness to Practise" proceedings.

## Resources

- Department of Health and Social Care. FGM mandatory reporting in healthcare
- Department of Health and Social Care. Safeguarding women and girls at risk of FGM
- HM Government. Multi-agency statutory guidance on female genital mutilation
- Home Office: Female genital mutilation: resource pack
- Office for Health Improvement and Disparities: Female genital mutilation (FGM): migrant health guide
- Royal College of Nursing: FGM guidance for travel health services
- Royal College of Physicians and Surgeons of Glasgow, Faculty of Travel Medicine: FGM eLearning module
- World Health Organization: Female genital mutilation
- World Health Organization: Guideline on the prevention of female genital mutilation and clinical management of complications

## REFERENCES

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