

## Risk Assessment / Risk Management Checklist


**This example form shows the type of detail required to inform risk assessment and to record risk management**


Risk assessment is fundamental to the pre-travel health consultation and is underpinned by comprehensive information gathering about the traveller and their planned travel. Risk assessment enables the health professional and traveller to decide on meaningful, appropriate advice and interventions which are tailored to the needs of the individual (which is known as risk management). Risk assessment and risk management are considered to be the cornerstone to best practice in the travel health consultation [1-4].

There are a number of ways to gather information about a traveller and their travel plans. Some clinics use a form for travellers to complete prior to the consultation, this detail is carefully scrutinised by the health professional at the appointment. This example form shows the type of information needed to inform a risk assessment. It also shows an example of the risk management records required. This form can be downloaded and printed. However, clinics may wish to use this as an example to create their own form which is adapted to their own practice.

(PDF - 300KB)







**Travel Risk Assessment Form**

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

\_\_\_\_\_ Email: \_\_\_\_\_

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**Travel details**

Departure date:	Total length of trip:	
Return date:		
Country/Destinations	Region	Length of stay
1.		
2.		
3.		
4.		
5.		
6.		

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**Purpose of trip**

Adventure/Gap year

Aid work/ Emergency response:

Business/work trip:

Charity/volunteer:

Cruise:

Diving:

Health worker

Holiday:

- [Open this form in a new window](#)

## Resources

- [NaTHNaC e-learning: Risk assessment in the travel health consultation -an introduction](#)
- [FCO: Helping British people overseas: travelling and living abroad](#)

## REFERENCES

1. [Royal College of Nursing. Travel Health Nursing: career and competence development: 2018.](#)
2. [Chiodini JH, Anderson E, Driver C et al. Recommendations for the practice of travel medicine. Travel Medicine and Infectious Disease 2012; 10:109-128](#)

3. [World Health Organization. International Travel and Health. Geneva.](#)
4. [Hill DR, Ericsson CD, Pearson RD et al. The practice of travel medicine: guidelines by the Infectious Diseases Society of America. Clin Infect Dis 2006 Dec 15; 43\(12\):1499-539](#)

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