

16 Jul 2021

Getting to grips with Tick-Borne Encephalitis

A practical guide for health professionals, to use in conjunction with TravelHealthPro

Tick-borne encephalitis (TBE) is a viral infection usually transmitted through the bite of an infected tick. The disease occurs in parts of Central, Northern and Eastern Europe, Siberia and parts of Asia. Health professionals offering a travel service should be able to advise travellers about the risk of TBE at a destination and how to reduce the risk of infection.

NaTHNaC have produced a short presentation (approximately 15 minutes) '[Getting to grips with tick-borne encephalitis: a practical guide](#)'. Health professionals can access this free resource and use it in conjunction with the [Country Information pages](#) to help advise travellers about this infection. Reflecting on this learning activity can contribute towards a health professional's continuing professional development.

Resources

- [ECDC: Factsheet about tick-borne encephalitis](#)
- [Public Health England: Tick-borne encephalitis: the green book, chapter 31](#)
- [TravelHealthPro: Tick-borne encephalitis factsheet](#)